# 元培醫事科技大學　114 學年度　入學生開課科目表

# Yuanpei University of Medical Technology 2025 Curriculum

## 二技進修部 健康休閒管理系健康保健組

## Two-Year Completion Program Health and Leisure Management(Health Care)

製表日期：115/10/05 15:56:04

Date of tabulation：2026/10/05 15:56:04

| 第一學年(2025) | | | | | | | | 第二學年(2026) | | | | | | | | | | | | | | | | | | | | | |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| 課程領域FLD | 科目名稱 subjet | 第一學期 1st | | 第二學期 2nd | | 暑期 summer | | 課程領域FLD | 科目名稱 subjet | 第一學期 1st | | 第二學期 2nd | | 暑期 summer | | 課程領域FLD | 科目名稱 subjet | 第一學期 1st | | 第二學期 2nd | | 暑期 summer | | 課程領域FLD | 科目名稱 subjet | 第一學期 1st | | 第二學期 2nd | |
| | | 學分 Cr | 堂數 Hr | 學分 Cr | 堂數 Hr | 學分 Cr | 堂數 Hr | | | 學分 Cr | 堂數 Hr | 學分 Cr | 堂數 Hr | 學分 Cr | 堂數 Hr | | | 學分 Cr | 堂數 Hr | 學分 Cr | 堂數 Hr | 學分 Cr | 堂數 Hr | | | 學分 Cr | 堂數 Hr | 學分 Cr | 堂數 Hr |
| A | 博雅通識/職能通識<br>Liberal Education/Competency Education | 2 | 2 | 2 | 2 | | | A | 博雅通識/職能通識<br>Liberal Education/Competency Education | 2 | 2 | | | | | | | | | | | | | | | | | | |
| B | 公共衛生學<br>Public Health | 2 | 2 | | | | | B | 初階徒手保健技能<br>Elementary unarmed care skills | 2 | 2 | | | | | | | | | | | | | | | | | | |
| B | 功能性體適能檢測與評量<br>Functional Fitness Testing and Assessment | 2 | 2 | | | | | C | 人體肌動學<br>Kinesiology | 2 | 2 | | | | | | | | | | | | | | | | | | |
| B | 生理量測儀器實作訓練<br>Physiological Measurement Instrument Practice Training | 2 | 2 | | | | | C | 民俗調理業法規教育<br>Law and regulations education of traditional therapy | 1 | 1 | | | | | | | | | | | | | | | | | | |
| B | 健康飲食<br>Healthy Diet | 2 | 2 | | | | | C | 刮痧與拔罐調理<br>Gua Sha and cupping conditioning | 1 | 1 | | | | | | | | | | | | | | | | | | |
| B | 統計套裝軟體應用<br>Application of Statistical Software Packages | 2 | 2 | | | | | C | 飛輪有氧<br>Spinning | 2 | 2 | | | | | | | | | | | | | | | | | | |
| B | 運動預防保健<br>Sports Prevention Care | 2 | 2 | | | | | C | 桌球指導<br>Table Tennis Instruction | 2 | 2 | | | | | | | | | | | | | | | | | | |
| C | 中醫導論<br>Introduction to Traditional Chinese Medicine | 2 | 2 | | | | | C | 基礎經絡理論<br>Basic Meridian Theory | 1 | 1 | | | | | | | | | | | | | | | | | | |
| C | 初階芳香療法<br>Elementary Aromatherapy | 2 | 2 | | | | | C | 腳底按摩基本手法<br>Basic techniques of Foot Reflexology | 1 | 1 | | | | | | | | | | | | | | | | | | |
| C | 基礎生理與解剖學<br>Basic Physiology and Anatomy | 2 | 2 | | | | | C | 腳底按摩基礎理論<br>Basic theory of Foot Reflexology | 1 | 1 | | | | | | | | | | | | | | | | | | |
| C | 懸吊運動指導<br>Suspension exercise instruction | 2 | 2 | | | | | C | 運動處方設計與驗證<br>Exercise prescription design and verification | 2 | 2 | | | | | | | | | | | | | | | | | | |

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| B | 危險因子管理<br>Risk of Management | | | 2 | 2 | | | C | 團體運動設計與演練<br>Designing and Training of Team Sport | 2 | 2 | | | | | | | | | | | | | | | | | | | | |
| B | 行銷與管理<br>Marketing Management | | | 2 | 2 | | | C | 應用解剖學<br>Applied Anatomy | 2 | 2 | | | | | | | | | | | | | | | | | | |
| B | 健康資訊系統管理與應用<br>Management and Application of Health Information Systems | | | 2 | 2 | | | B | 體重控制理論與實務<br>The Practice and Theory of Weight Control | | | 2 | 2 | | | | | | | | | | | | | | | | |
| B | 銀髮族健康管理與保健<br>Health Management and Hygiene of Aging | | | 2 | 2 | | | C | 文案設計與簡報技巧<br>Copywriting and Design Presentation Skills | | | 2 | 2 | | | | | | | | | | | | | | | | |
| C | 理學檢查與評估<br>Physical examination and assessment | | | 2 | 2 | | | C | 羽球指導<br>Badminton Instruction | | | 2 | 2 | | | | | | | | | | | | | | | | |
| C | 進階芳香療法<br>Advanced Aromatherapy | | | 2 | 2 | | | C | 健康睡眠<br>Healthy Sleep | | | 2 | 2 | | | | | | | | | | | | | | | | |
| C | 傳統整復推拿基本常用手法<br>The basic commom techniques of traditional massage | | | 2 | 2 | | | C | 進階徒手保健技能<br>Advanced unarmed care skills | | | 2 | 2 | | | | | | | | | | | | | | | | |
| C | 預防及延緩失能照護<br>Preventing and Delaying Disability Care | | | 2 | 2 | | | C | 傳統整復推拿全身調理手法<br>Techniques of traditional manipulation | | | 3 | 3 | | | | | | | | | | | | | | | | |
| C | 膳食養生學<br>Dietary Health Study | | | 2 | 2 | | | C | 傳統整復推拿從業實務(含顧客服務<br>Traditional rehabilitative massage practice (including customer service) | | | 2 | 2 | | | | | | | | | | | | | | | | |
| C | 環狀運動<br>Circuit Exercise | | | 2 | 2 | | | C | 瑜珈與彼拉提斯<br>The Yoga and Pulls Raises Si | | | 2 | 2 | | | | | | | | | | | | | | | | |
| | | | | | | | | C | 腳底按摩從業實務(含顧客服務)<br>Reflexology practice (including customer service) | | | 1 | 1 | | | | | | | | | | | | | | | | |

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| | | | | | | | | C | 腳底按摩調理手法 Conditioning techniques of Foot Reflexology | | | 1 | 1 | | |
| | | | | | | | | C | 精油調配 Essential Oil Compatibility | | | 2 | 2 | | |
| | | | | | | | | C | 整合性健康照護 Integrated Health Passport | | | 2 | 2 | | |
| | | | | | | | | C | 醫學影像判讀 Medical Image Interpretation | | | 2 | 2 | | |

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| | | 學分 Cr | 堂數 Hr | 學分 Cr | 堂數 Hr | 學分 Cr | 堂數 Hr |
| | 合　計　Total | 22 | 22 | 22 | 22 | 0 | 0 |

| 第二學年(2026) | | | | | | | |
|---|---|---|---|---|---|---|---|
| 課程領域 FLD | 科目名稱 subjet | 第一學期 1st | | 第二學期 2nd | | 暑期 summer | |
| | | 學分 Cr | 堂數 Hr | 學分 Cr | 堂數 Hr | 學分 Cr | 堂數 Hr |
| | 合　計　Total | 21 | 21 | 25 | 25 | 0 | 0 |

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|---|---|---|---|---|---|---|---|
| 課程領域 FLD | 科目名稱 subjet | 第一學期 1st | | 第二學期 2nd | | 暑期 summer | |
| | | 學分 Cr | 堂數 Hr | 學分 Cr | 堂數 Hr | 學分 Cr | 堂數 Hr |
| | 合　計　Total | 0 | 0 | 0 | 0 | | 0 |

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|---|---|---|---|---|---|---|---|
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| | | 學分 Cr | 堂數 Hr | 學分 Cr | 堂數 Hr | 學分 Cr | 堂數 Hr |
| | 合　計　Total | 0 | 0 | 0 | 0 | | |

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| | | 學分 Cr | 堂數 Hr | 學分 Cr | 堂數 Hr |
| | 合　計　Total | 0 | 0 | 0 | 0 |

**修業規定 Academic Regulation**

【畢業至少應修72學分】
(一)A共同必修6分。「職能通識2學分，共1學期」。「博雅通識4學分，共2學期」。※職能通識：企業倫理2學分。博雅通識：文化歷史與藝術類、社會與公民素養類、自然環境與科技類、元培書苑：任選二類，共計4學分。
(二)B專業必修共24學分。(三)C專業選修、跨系選修至多承認10學分，C+跨系選修共42學分。(四)凡修習同學制同系之專業選修課程，得列入專業選修應修學分數中。(五)學生須於畢業前新取得1張證照(專業或外語文證照)，方得領取學位證書。<經114.02.12校課程委員會議通過><經115.08.31校課程委員會議通過>

【Total Graduation Requirement: 72credits】
(1) Category A: Common Required Courses (6 credits). "Competency Education: 2 credits (1 semester)." "Liberal Education: 4 credits (2 semesters)." ※ Competency Education: Business Ethics (2 credits). Liberal Education: 4 credits by selecting from the following categories:Culture, History, and Arts/Social and Civic Literacy/ Natural Environment and Technology/Yuanpei Academy (choose any two categories). (2) B. Major Core Courses : 24 credits. (3) C. Major Elective Courses: C major electives and cross-department electives with a maximum of 10 credits recognized. C courses and cross-department electives total 42 credits.(4) Elective courses within the same department and academic program may be counted towards the required elective credits. (5)Students must obtain a newly acquired certificate (either professional or foreign language) before graduation in order to be eligible for their degree certificate.<Approved by the University Curriculum Committee on 2025.02.12 and 2026.08.31>